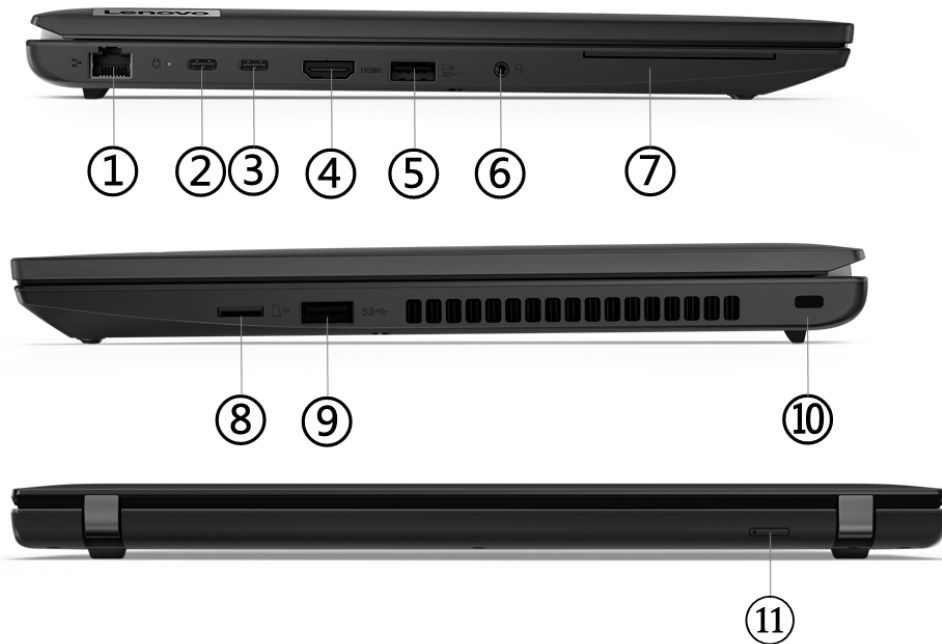


## OVERVIEW



1. Ethernet (RJ-45)	7. Smart card reader *
2. USB-C 3.2 Gen 1	8. microSD card reader
3. Thunderbolt 4	9. USB 3.2 Gen 1
4. HDMI	10. Kensington Nano Security Slot
5. USB 3.2 Gen 1 (Always On)	11. Nano-SIM card slot *
6. Headphone / microphone combo jack (3.5mm)	

Notes:

- Ports with \* are only available on selected models

## PERFORMANCE

### Processor

#### Processor Family

Intel® Pentium® or 12th Generation Intel Core™ i3 / i5 / i7 Processor

#### Processor\*\*[1]

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Memory Support	Processor Graphics
Pentium 8505	5 (1 P-core + 4 E-core)	6	P-core 1.2GHz / E-core 0.9GHz	P-core 4.4GHz / E-core 3.3GHz	8MB	DDR4-3200	Intel UHD Graphics
Core i3-1215U	6 (2 P-core + 4 E-core)	8	P-core 1.2GHz / E-core 0.9GHz	P-core 4.4GHz / E-core 3.3GHz	10MB	DDR4-3200	Intel UHD Graphics
Core i5-1235U	10 (2 P-core + 8 E-core)	12	P-core 1.3GHz / E-core 0.9GHz	P-core 4.4GHz / E-core 3.3GHz	12MB	DDR4-3200	Intel Iris® Xe Graphics
Core i5-1245U	10 (2 P-core + 8 E-core)	12	P-core 1.6GHz / E-core 1.2GHz	P-core 4.4GHz / E-core 3.3GHz	12MB	DDR4-3200	Intel Iris Xe Graphics
Core i7-1255U	10 (2 P-core + 8 E-core)	12	P-core 1.7GHz / E-core 1.2GHz	P-core 4.7GHz / E-core 3.5GHz	12MB	DDR4-3200	Intel Iris Xe Graphics
Core i7-1265U	10 (2 P-core + 8 E-core)	12	P-core 1.8GHz / E-core 1.3GHz	P-core 4.8GHz / E-core 3.6GHz	12MB	DDR4-3200	Intel Iris Xe Graphics
Core i5-1240P	12 (4 P-core + 8 E-core)	16	P-core 1.7GHz / E-core 1.2GHz	P-core 4.4GHz / E-core 3.3GHz	12MB	DDR4-3200	Intel Iris Xe Graphics
Core i5-1250P	12 (4 P-core + 8 E-core)	16	P-core 1.7GHz / E-core 1.2GHz	P-core 4.4GHz / E-core 3.3GHz	12MB	DDR4-3200	Intel Iris Xe Graphics
Core i7-1260P	12 (4 P-core + 8 E-core)	16	P-core 2.1GHz / E-core 1.5GHz	P-core 4.7GHz / E-core 3.4GHz	18MB	DDR4-3200	Intel Iris Xe Graphics

#### Notes:

1. i5-1240p, i5-1250p, and i7-1260p are for special bid only in EMEA.

Intel Iris Xe Graphics capability requires system to be configured with dual-channel memory. On the system with single-channel memory, Intel Iris Xe Graphics will function as Intel UHD Graphics.

### Operating System

#### Operating System\*\*

- Windows® 11 Pro
- Windows 11 Home
- Windows 11 Home Single Language
- Windows 11 DG Windows 10 Pro 64
- Linux
- Ubuntu Linux
- No operating system

### Graphics

#### Graphics\*\*[1]

Graphics	Type	Memory	TGP	Key Features
Intel UHD Graphics	Integrated	Shared	Share CPU TDP	DirectX® 12.1
Intel Iris Xe Graphics	Integrated	Shared	Share CPU TDP	DirectX 12.1

#### Notes:

1. Intel Iris Xe Graphics capability requires system to be configured with dual-channel memory. On the system with single-channel memory, Intel Iris Xe Graphics will function as Intel UHD Graphics.

### Monitor Support

#### Monitor Support

# ThinkPad L14 Gen 3 (Intel)

Supports up to 4 independent displays (native display and 3 external monitors via HDMI®, USB-C® and Thunderbolt™)

- HDMI supports up to 3840x2160@60Hz
- USB-C supports up to 5120x3200@60Hz
- Thunderbolt supports up to 5120x3200@60Hz

## Chipset

### Chipset

Intel SoC (System on Chip) platform

## Memory

### Max Memory<sup>[1]</sup>

Up to 64GB DDR4-3200

### Memory Slots

Two DDR4 SO-DIMM slots, dual-channel capable

### Memory Type

DDR4-3200

#### Notes:

1. The max memory is based on the test results with current Lenovo® memory offerings. The system may support more memory as the technology develops.

## Storage

### Storage Support<sup>[1]</sup>

One drive, up to 1TB M.2 2242 SSD

### Storage Slot

One M.2 2242 PCIe® 4.0 x4 slot

### Storage Type

Disk Type	Interface	Offering	Security
M.2 2242 SSD	PCIe NVMe®, PCIe 4.0 x4	256GB / 512GB / 1TB	Opal 2.0

#### Notes:

1. The storage capacity supported is based on the test results with current Lenovo storage offerings. The system may support larger storage as the technology develops.

## Removable Storage

### Card Reader

microSD card reader

## Multi-Media

### Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

### Speakers

Stereo speakers, 2W x2, Dolby® Audio™

### Microphone

Dual-microphone array, far-field, Dolby Voice

### Camera\*\*

- HD 720p, with privacy shutter, fixed focus
- FHD 1080p, with privacy shutter, fixed focus
- FHD 1080p + IR hybrid, with privacy shutter, fixed focus

## Battery

### Battery\*\*

- Integrated Li-Polymer 42Wh battery, supports Rapid Charge (charge up to 80% in 1hr) with 65W AC adapter
- Integrated Li-Polymer 57Wh battery, supports Rapid Charge (charge up to 80% in 1hr) with 65W AC adapter
- Integrated Li-Polymer 63Wh battery

# ThinkPad L14 Gen 3 (Intel)

## Battery Life<sup>[1]</sup>

Configuration 1 (max battery life)

MobileMark® 2018: up to 12.1 hr with 832 performance score @200nits

JEITA 2.0: up to 18.2 hr @150nits

Local video playback: up to 20.8 hr @150nits

Alternate configuration 2

MobileMark 2018: up to 10.3 hr with 999 performance score @200nits

JEITA 2.0: up to 14.9 hr @150nits

Local video playback: up to 16.1 hr @150nits

Alternate configuration 3

MobileMark 2018: up to 6.7 hr with 994 performance score @200nits

JEITA 2.0: up to 9.7 hr @150nits

Local video playback: up to 10.3 hr @150nits

### Notes:

1. Configuration 1 (max battery life): FHD (non-touch), Intel i3-1215U, 4GB DDR4, Win 10, 57Wh battery, best power efficiency power mode  
Alternate configuration 2: FHD (touch), Intel i5-1250P, 16GB DDR4, Win 10, 57Wh battery, best power efficiency power mode  
Alternate configuration 3: FHD (non-touch), Intel i7-1260P, 64GB DDR4, Win 10, 42Wh battery, best power efficiency power mode

All battery life claims are approximate maximum and based on results using [MobileMark 2018](#), [MobileMark 2025](#), JEITA 2.0, continuous 1080p local video playback (using default Media Player in Fullscreen mode with 150nits brightness and default volume level), or Google Power Load Test (PLT) battery-life benchmark tests.

Actual battery life will vary and depends on many factors such as product configuration, software, wireless functionality, power management settings, and screen brightness.

The maximum capacity of the battery will decrease with time, ambient temperature and use.

Refer to [Microsoft® link](#) for more information about the Windows Performance power slider.

## Power Adapter

### Power Adapter\*\*<sup>[1][2]</sup>

- 45W USB-C (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 45W USB-C (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C slim (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C slim (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- No power adapter

### Notes:

1. AC adapter offerings depend on the country.
2. No power adapter is for special bid only.  
45W USB-C AC adapter and 65W USB-C slim AC adapter are NOT available in EMEA.

## DESIGN

## Display

### Display\*\*<sup>[1][2]</sup>

Size	Resolution	Touch	Type	Brightness	Surface	Aspect Ratio	Contrast Ratio	Color Gamut	Viewing Angle	Key Features
14"	HD (1366x768)	None	TN	220 nits	Anti-glare	16:9	500:1	45% NTSC	90°	-
14"	FHD (1920x1080)	None	IPS	250 nits	Anti-glare	16:9	800:1	45% NTSC	170°	-
14"	FHD (1920x1080)	None	IPS	400 nits	Anti-glare	16:9	1500:1	100% sRGB	170°	Low power
14"	FHD (1920x1080)	Multi-touch	IPS	300 nits	Anti-glare	16:9	1000:1	45% NTSC	170°	-

### Touchscreen

- Capacitive-type on-cell multi-touch, supports 10-point touch
- Non-touch

---

**Notes:**

1. California Electronic Waste Recycling Fee  
In California, per state law, Lenovo charges an electronic waste recycling fee on this covered device at the time of sale of the product. For more information, go to <https://www.calrecycle.ca.gov/Electronics/Consumer>
2. Display with FHD 100% sRGB is for special bid in EMEA.  
Display with HD TN is for special bid in EMEA.

## Input Device

### Keyboard

6-row, spill-resistant, multimedia Fn keys with Unified Communications controls

### Keyboard Backlight

- LED backlight
- Non-backlight

### UltraNav™

TrackPoint® pointing device and Mylar® surface multi-touch touchpad, 56 x 115 mm (2.24 x 4.53 inches)

## Mechanical<sup>[1]</sup>

### Dimensions (WxDxH)

Models	Dimensions
Aluminium (top), PC + CF (bottom) models	325.4 x 217 x 18.73 mm (12.81 x 8.54 x 0.74 inches)
Aluminium (top), PC + ABS (bottom) models	325.4 x 217 x 18.93 mm (12.81 x 8.54 x 0.75 inches)
PC + ABS (top), PC + CF (bottom) models	325.4 x 217 x 19.63 mm (12.81 x 8.54 x 0.77 inches)
PC + ABS (top), PC + ABS (bottom) models	325.4 x 217 x 19.83 mm (12.81 x 8.54 x 0.78 inches)

### Weight

Starting at 1.39 kg (3.06 lbs)

### Case Color

Thunder black

### Case Material\*\*<sup>[2]</sup>

- Aluminium (top), PC-CF (bottom)
- Aluminium (top), PC-ABS (bottom)
- PC-ABS (top), PC-CF (bottom)
- PC-ABS (top), PC-ABS (bottom)

---

**Notes:**

1. The system dimensions and weight vary depending on configurations.
2. Aluminium top cover is NOT available in EMEA.

## CONNECTIVITY

### Network

#### Ethernet

Gigabit Ethernet, 1x RJ-45, supports Wake-on-LAN

#### WLAN + Bluetooth®\*\*<sup>[1][2]</sup>

- Intel Wi-Fi® 6E AX211, 802.11ax 2x2 Wi-Fi + Bluetooth 5.1, M.2 Card
- Intel Wi-Fi 6E AX211, 802.11ax 2x2 Wi-Fi + Bluetooth 5.1
- Intel Wi-Fi 6 AX201, 802.11ax 2x2 Wi-Fi + Bluetooth 5.1, M.2 Card
- Qualcomm® Wi-Fi 6E NFA725A, 802.11ax 2x2 Wi-Fi + Bluetooth 5.1
- Qualcomm Wi-Fi 6E QCNFA765, 802.11ax Dual Band 2x2 Wi-Fi + Bluetooth 5.1, M.2 Card
- No WLAN and Bluetooth

#### WWAN\*\*<sup>[3]</sup>

- Wireless WAN upgradable to 4G (with antenna ready)
- Fibocom L860-GL-16, 4G LTE CAT16, M.2 card

## ThinkPad L14 Gen 3 (Intel)

- Quectel EM05-G, 4G LTE CAT4, M.2 card
- No support

### SIM Card

- Gemalto eSIM card (physical)
- No SIM card inbox

### NFC<sup>[4]</sup>

- Near Field Communication
- No support

### Notes:

1. Bluetooth 5.2 is hardware ready but may run at a lower version due to OS limitation
2. 6GHz Wi-Fi 6E operation is dependent on the support of the operating system, routers/APs/Gateways that support Wi-Fi 6E, and the regional regulatory certifications & spectrum allocation.  
Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.  
Qualcomm QCNFA725 and Qualcomm QCNFA765 are NOT available in EMEA.
3. CAT16 is NOT available in EMEA.
4. NFC is for special bid in EMEA.

## Ports<sup>[1]</sup>

### Standard Ports

- 1x USB 3.2 Gen 1
- 1x USB 3.2 Gen 1 (Always On)
- 1x USB-C 3.2 Gen 1 (support data transfer, Power Delivery 3.0 and DisplayPort™ 1.4)
- 1x Thunderbolt 4 / USB 4 40Gbps (support data transfer, Power Delivery 3.0, and DisplayPort 1.4)
- 1x HDMI, up to 4K/60Hz
- 1x microSD card reader
- 1x Ethernet (RJ-45)
- 1x Headphone / microphone combo jack (3.5mm)

### Optional Ports<sup>\*\*\*</sup>

- 1x Smart card reader
- 1x Nano-SIM card slot (WWAN support models)

### Notes:

1. The transfer speed of following ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.  
USB 2.0: 480 Mbit/s;  
USB 3.2 Gen 1 (SuperSpeed USB 5Gbps, formerly USB 3.0 / USB 3.1 Gen 1): 5 Gbit/s;  
USB 3.2 Gen 2 (SuperSpeed USB 10Gbps, formerly USB 3.1 Gen 2): 10 Gbit/s;  
USB 3.2 Gen 2x2 (SuperSpeed USB 20Gbps): 20 Gbit/s;  
Thunderbolt 3/4: 40 Gbit/s

## Docking

### Docking

Various docking solutions supported via Thunderbolt or USB-C.

For more compatible docking solutions, please visit [Docking for ThinkPad® L14 Gen 3 \(Intel\)](#)

## Monitor Cable

### Monitor Cable<sup>\*\*\*</sup>

- Lenovo HDMI to DP Monitor Adapter
- Lenovo HDMI to VGA Monitor Adapter
- Lenovo USB-C to VGA Adapter
- Lenovo USB-C to DisplayPort Adapter
- No monitor cable

## SECURITY & PRIVACY

### Security

#### Security Chip

Discrete TPM 2.0, TCG certified

#### Physical Locks

## ThinkPad L14 Gen 3 (Intel)

Kensington® Nano Security Slot™, 2.5 x 6 mm

### Smart Card Reader

- Smart card reader
- No smart card reader

### Fingerprint Reader

- Touch style fingerprint reader integrated in power button, match-on-chip
- No fingerprint reader

### BIOS Security

- Power-on password
- Supervisor password
- NVMe password
- Self-healing BIOS

### Other Security

- Camera privacy shutter
- (Optional) IR camera for Windows Hello
- Glance by Mirametrix®
- Tile ready

## MANAGEABILITY

### System Management

#### System Management\*\*<sup>[1]</sup>

- Intel vPro® Enterprise
- Intel vPro Essentials
- Non-vPro

Notes:

1. Intel vPro offers a superset of DASH's defined capabilities.

## SERVICE

### Warranty

#### Base Warranty\*\*

- 1-year courier or carry-in service
- 1-year courier or carry-in with 2-year system board service (Korea only)
- 1-year limited onsite service
- 3-year (1-yr battery) courier or carry-in service
- 3-year (1-yr battery) limited onsite service

## ENVIRONMENTAL

### Sustainability

#### Material

50% PCC recycled plastic used in speaker enclosure  
25-30% PCC recycled plastic used in the battery  
95% PCC recycled plastic used in standard 65W adapter  
Low-temperature solder  
90% recycled and/or sustainable packaging

### Operating Environment

#### Temperature<sup>[1][2]</sup>

- Operating: 5°C (41°F) to 35°C (95°F)
- Storage and transportation in original shipping package: -20°C (-4°F) to 60°C (140°F)
- Storage without package: 5°C (41°F) to 43°C (109°F)

#### Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)

- Storage and transportation: 5% to 95% at wet-bulb temperature 27°C (81°F)

## Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

### Notes:

1. When you charge the battery, its temperature must be no lower than 10°C (50°F).
2. When you charge the battery, its temperature must be no lower than 10°C (50°F).

## CERTIFICATIONS

### Green Certifications

#### Green Certifications

- EPEAT™ Gold
- ENERGY STAR® 8.0
- ErP Lot 3
- TCO Certified
- RoHS compliant

### Other Certifications

#### Mil-Spec Test

MIL-STD-810H military test passed

- Feature with \*\* means that only one offering listed under the feature is configured on selected models.
- Feature with \*\*\* means that one or more offerings listed under the feature could be configured on selected models.
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